



**FLEMING**

Muskoka-Kawarthas  
Employment Services

**Keys  
To  
Job  
Search  
Success**

**S**et yourself up to achieve your goals.

**U**nderstand the obstacles ahead of you.

**C**reate positivity in your thought/actions.

**C**lear your mind of any fears or doubts.

**E**mbrace any challenges that come up.

**S**tay on track and stay true to yourself.

**S**how everyone that you can do it!

## 7 Key Points to Achieve Your Goals, Found in the Word ‘Success’

### **S**et yourself up to achieve your goals.

To set yourself up for success, think about what you want and need in the long run. Then, break down the steps that will get you there, day-by-day. This creates a plan of action and a sense of accomplishment as you work toward your goals.

Use tools like SMART goals to make it easier to achieve the results you really want. Learn more about SMART goals and other goal setting strategies in our Learning Centre and Resource Centre at:

[flemingemploymenthub.ca](http://flemingemploymenthub.ca)

### **U**nderstand the obstacles ahead of you.

Everyone experiences obstacles on the way to success. Recognize what is standing in your way and take action to clear the path.

Note the problems or issues you encounter so you can think about solutions. Gather resources and supporters around you to help overcome whatever is standing in your way. Tell yourself: ‘I’ve got this!’.

### **C**lear your mind of any fears or doubts.

Along your journey toward success, you may find times when you experience worry or self-doubt. If you notice self-doubt, accept that it is a normal part of the process and don’t let it stop you!

One strategy is to go toward with what you fear, rather than away from it. In other words, feel the fear but do it anyway.

## **C**reate positivity in your thought/actions.

Be mindful of your mood! Your feelings influence the actions that lead you to what you want to achieve.

This means that staying positive is a key strategy-for-success.

If you find yourself stuck, or having negative thoughts or actions, do something positive! This will create the 'mood-reset' that you need to position yourself for success.

## **E**mbrace any challenges that come up.

We all prefer to get instant results. However, success doesn't typically happen without some challenges.

As you overcome obstacles, you learn about who you are and what you can do. So, use a 'growth mindset' to embrace challenges as they arise.

## **S**tay on track and stay true to yourself.

Understand your personal values and stay true to yourself so you can be sure that what you achieve is in line with what you really want and need.

Work hard, keep at it, and don't be tempted to give up!

## **S**how everyone you can do it!

When you show the world you can do it, you also show yourself!

Stacking up your successes can build your confidence and help you succeed in other goals.